



DOWN SYNDROME GUILD
OF DALLAS

Medicaid Waiver Descriptions

Home & Community-based Services Program (HCS)

The HCS Program provides individualized services and supports to persons with intellectual disabilities who are living with their family, in their own home, or in other community settings, such as small group homes. ***Currently HCS is the only residential funding option for people with Down syndrome.***

Eligibility: There is no age limit for enrollment. Individuals must have either intellectual disabilities or a related condition that results in deficits in adaptive behavior and full scale IQ of 75 or below and be eligible for Medicaid. Spending limits are dependent upon the level of need

HCS Services

Case management
Adaptive aids
Minor home modifications
Counseling and therapies (includes audiology, speech/language pathology, occupational therapy, physical therapy, dietary services, social work and psychology)
Dental treatment
Nursing
Residential assistance
Supported home living
Foster/companion care
Supervised living
Residential support
Respite
Day habilitation
Supported employment

Note: Most families of adults with Down syndrome find that the HCS program provides the best selection of services and the highest level of funding. The DSG recommends families use other options (if available) until an HCS “slot” becomes available.

Community Based Alternatives (CBA)

CBA provides home and community-based services to people who are elderly and to adults with disabilities who ***require nursing services***, as an alternative to living in a nursing home.

Eligibility: Individuals must have a need for skilled nursing care; meet at least two nursing facility risk criteria; be eligible for Medicaid; be age 21 or older. Spending limits dependent upon level of need.

Services: Adaptive aids and medical supplies

Adult Foster Care
Assisted Living Residential Care services
Consumer Directed Services (CDS) option
Emergency Response Services
Home-Delivered Meals
Minor home modifications
Nursing services
Occupational therapy services
Personal assistance services
Physical therapy services

(CBA services continued...)

Prescription drugs
Respite care services
Speech and/or language pathology services

Community Living & Support Services (CLASS)

The CLASS program provides home and community based services to people with disabilities or a related condition as an alternative to placement in an intermediate care facility. A related condition is a disability with a primary condition other than an intellectual disability that affects the ability to function in daily life. ***Some consumers may be able to access CLASS services while waiting for an HCS "slot."***

Eligibility: There is no age limit for enrollment; however onset must have been before age 22. To qualify for this service, individuals must have a related condition; be eligible for Medicaid; reside in the CLASS catchments area. Spending limits dependent upon level of need.

Services:

Case Management
Habilitation
Habilitation Training
Respite Care
Nursing Services
Physical Therapy
Speech Pathology
Occupational Therapy
Psychological Services
Adaptive Aides and Medical Supplies (up to \$10,000/year)
Minor Home Modifications (\$7,500/lifetime)
Specialized Therapies (music therapy, therapeutic horseback riding, massage therapy, and recreational therapy)

Texas Home Living Program (TxHmL)

This program provides selected services and supports to people with cognitive disabilities ***who live in their family homes or their own homes.***

Eligibility: An adult or child is eligible for TxHmL if he or she: has an intellectual disability or a related condition and meets the criteria for a Level of Care I in an ICF-MR; is a current Medicaid recipient, does not require intensive one-to-one supervision to prevent dangerous behavior; has an Individual Plan of Care (IPC) approved by DADS; is not enrolled in another Medicaid waiver program; chooses to participate in the TxHmL program instead of the ICF-MR Program; and lives in his or her own home or family home. Annual spending may not exceed \$ 13,000.

Services:

Adaptive aids
Minor home modifications
Specialized therapies (audiology, speech/language pathology, occupational therapy, physical therapy, and dietary services)
Behavioral support
Dental treatment
Nursing
Community support
Respite
Day habilitation
Employment assistance
Supported employment