



DOWN SYNDROME GUILD
OF DALLAS

For those adults with Down syndrome for whom competitive employment or a volunteer job is not a desired option, the choices include day habilitation centers, sheltered workshops, and recreation centers. Below are some local resources:

(Inclusion on the list is not an endorsement by the Down Syndrome Guild.)

Day Habilitation Programming

Achievement Center of Texas (ACT) - Garland

(972) 414-7700

<http://www.AchievementCenterOfTexas.org/>

Coventry - Wylie

(214) 498-7298

<http://www.CoventryReserve.org/>

Easter Seals of North Texas- Carrollton

(817) 759-7930

http://ntx.EasterSeals.com/site/PageServer?pagename=TXNW_Habilitation_Services

My Possibilities - Plano

(469) 241-9100

<http://www.MyPossibilities.org/>

UCP of Metropolitan Dallas (formerly United Cerebral Palsy) Dallas

(214) 351-2500

www.UCPDallas.org

** Many providers of HCS services also offer a day habilitation option.*

Sheltered Workshops

Alternative Business Services (formerly Community Voices, Inc.)- Arlington

(817) 695-1417 or (817) 695-1422

Calab Learning Center - Grand Prairie

(972) 522-5900

<http://www.CalabInc.com/>

Citizens Development Center (CDC) - Dallas

(214) 637-2911

www.CDCDallas.org

Dallas Center for Developmentally Disabled – Dallas (*offers day program and sheltered workshop*)

(214) 328-4309

www.DallasCenterForDD.org

Mosaic Vocational Center/Document Destruction Service - Carrollton

972-866-9989 ext. 302

North Texas Rehabilitation Service, Inc. - Garland (*offers day program and sheltered workshop*)

(972) 272-6526

www.ntsinc.com

Recreational & Leisure

The ARC of Dallas L.I.F.E Program- Dallas

(214) 634-9810, extension 108

<http://www.ArcDallas.org/adult.htm>

Bachman Recreation Center - Dallas

(214) 670-6266

Plano Parks & Recreation Department - Plano

972-941-7272

<http://www.Plano.gov/Departments/ParksAndRecreation/Therapeutic+Recreation>

***For additional information on day activities see the ARC of Dallas Resource Directory at**

www.ArcDallas.org or call (214) 634-9810