

18th ANNUAL CHRONIC ILLNESS
AND DISABILITY CONFERENCE

Transition from Pediatric to Adult-based Care



October 5-6, 2017

Region 10 Education Service Center Broadcast Site

Abrams Building, Pecos Room, 2nd Floor
904 Abrams
Richardson, TX 75081

Co-provided by Baylor College of Medicine and Texas Children's Hospital



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and by the Texas DSHS Title V CYSHCN Program.



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CONFERENCE OVERVIEW

Skill preparation and planning for health care transition for children and youth with special health care needs is inadequate. Less than 50% of families nationwide indicate that their children with special health care needs have received the services necessary to make appropriate transitions to adult health care, work, and independence. One of the major hurdles to receiving this care is the lack of a physician workforce trained to provide the services necessary to make the health care transition. There is a strong need for physicians to have the knowledge and skills to provide the services needed to facilitate a successful transition from pediatric to adult-based care and services.

Because of increased awareness of transitioning to adult-based care, clinicians are required to update their knowledge of the changing strategies for integrating emerging adult-based care into practice.

For all conference participants, there will be a discussion of the legal issues involved in health care transition, as well as time to meet and talk with faculty, to exchange ideas among participants, and to share knowledge and information about how best to plan for a successful transition to adulthood.

TARGET AUDIENCE

Physicians in internal medicine, family practice, pediatrics, psychiatry, and physiatry; other health care providers including psychologists, social workers, nurses, dietitians, case managers, counselors, and primary care providers; and youth and young adults who have a chronic illness or disability and their parents or guardians.

OBJECTIVES

At the conclusion of the conference, participants should be able to:

- Describe strategies for setting up a transition program.
- Identify barriers and successful strategies when placing youth and young adults with special health care needs, behavioral health, and intellectual disabilities into employment, housing, and available medical transition services.
- Discuss strategies for setting up a youth and young adult advisory board to assist with transition program development.
- Describe successful methods for discussing reproductive health topics with youth and young adults with intellectual delays, and/or behavioral, emotional or psychological disorders.
- Develop a practice-based framework for implementing health care transition services.

EDUCATIONAL METHODS

Lecture ■ Meet the Faculty Sessions ■ Breakout Sessions ■ Question and Answer Sessions

EVALUATION

A questionnaire will be used to evaluate address program content, presentation, and possible bias.

DISCLOSURE POLICY

To meet the requirements of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of the CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, current, and objectively presented. Specific disclosure will be made to the participants before the educational activity.

Registration for, attendance at, and/or participation in this activity constitutes acknowledgment by the registrant/attendee/participant that photos may be made of the conference events and constitute agreement by the registrant/attendee/participant that Baylor College of Medicine may use and distribute in its publications, on its website, and in the conference proceedings, such photos that include the image of the registrant/attendee/participant.

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Agenda

THURSDAY ■ OCTOBER 5, 2017

- 7:00 am Continental Breakfast and Registration
- 8:00 **Welcome and Announcements**
Albert C. Hergenroeder, M.D.
Proclamation: *David W. Robinson*, Houston City Councilman-at-Large
Film Presentation
(TBD)
(TBD)
- 8:15 **The Current State of Health Care Transition From Pediatric to Adult-Based Care**
Mary R. Ciccarelli, M.D.
- 9:15 **Legal Issues in Health Care Transition**
Beth Sufian, J.D.
- 10:15 Question and Answer Session
- 10:30 Break
- 10:40 **Health Care Reform: Perspectives for Adolescents and Young Adults**
Mark Del Monte, J.D.
- 11:40 Question and Answer Session
- 11:50 Lunch Pick-up and Travel Time to *Meet the Faculty Lunch Breakout Sessions*
- 12:00 pm **Meet the Faculty Lunch Breakout Sessions*** (Select one)
Health Care Reform | *Mark Del Monte, J.D.*
Legal Issues | *Beth Sufian, J.D.*
Complex Care | *Mary R. Ciccarelli, M.D.*
Supportive Decision Making | *Jeff Miller, J.D.*
Palliative Care | *Jill A. Jarrell, M.D., M.P.H.*
Healthy Sexuality | *Susan Kahan, M.A., L.C.P.C.*
- 12:50 Travel Time to *Breakout Session 1*
- 1:00 **Breakout Session 1 ■ Preparing For and Delivering Transition Services**
(Select one)
The Role of School Nurses*
Cecily L. Betz, Ph.D., R.N. and Rebecca J. Schultz, Ph.D., R.N.
Parent Panel*
Elaine Hime and Ross Castillo, Ph.D.
Cost and Utilization of Services Among AYASHCN in a Complex Care Management Model*
Thomas W. Davis, M.D.
Supportive Decision Making, Guardianship and Power of Attorney
(Broadcast at 1:15 PM)
Jeff Miller, J.D.
The Role of the Transition Navigator
(Broadcast at 2:15 PM)
Brooke Allemang, M.S.W., R.S.W.
An Interdisciplinary Training Curriculum for Transition Readiness*
Kendra D. Koch, Ph.D., M.A.
- 1:50 Travel Time to *Breakout Session 2*
- 2:00 **Breakout Session 2** (Repeat of sessions from 1:15 PM; select one)
- 2:50 Break
- 3:00 **Palliative Care in Health Care Transition: An Update**
Jill A. Jarrell, M.D., M.P.H.
- 3:45 Question and Answer Session
- 4:00 Evaluation and Closing Comments
- 4:10 Adjournment

* Session not included in broadcast.



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FRIDAY ■ OCTOBER 6, 2017

- 7:30 AM Continental Breakfast and Registration
- 8:00 **Announcements**
Albert C. Hergenroeder, M.D.
- 8:15 **Motivational Interviewing (MI) in Caring for AYASHCN in the Transition**
Beth H. Garland, Ph.D.
- 9:00 Question and Answer Session
- 9:15 **Young Adult Perspective**
Sonya M. Haggett, L.C.S.W.
- 10:05 Question and Answer Session
- 10:15 Break
- 10:25 **Sibling Perspectives on Transition**
Sarah Hinds and Rachel Leva, B.S.N, R.N., C.P.N.
- 11:10 Question and Answer Session
- 11:25 **Good 2 Go Transition Program - The Hospital for Sick Children**
*Khush Amaria, Ph.D., C.Psych. and
Geraldine Cullen-Dean, R.N., M.N.*
- 12:10 PM Question and Answer Session
- 12:15 **Lunch**
- 1:00 **Youth Panel – Youth Experiences**
Sarah Graham, M.P.H.
- 1:45 Break
- 2:00 **Healthy Sexuality for Youth and Young Adults with Developmental Disabilities**
Susan Kahan, M.A., L.C.P.C.
- 2:45 **Building a Successful Adult Clinic for Young Adults with Intellectual and Developmental Disabilities**
Matt Holder, M.D., M.B.A.
- 3:45 Question and Answer Session
- 3:50 Evaluation and Closing Comments
- 4:00 Conference Adjournment

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