



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIND WHAT MOVES YOU

Champions League Tony Rios: My Martial Arts
TOWN NORTH FAMILY YMCA



TOWN NORTH YMCA
CHAMPIONS LEAGUE

The Town North YMCA Champions League is a multi-sports league for individuals with special needs ages 7-25 years.

Join us on February 18th for Tony Rios: My Martial Arts from 2-3:30pm at the Town North YMCA gymnasium.



**Come join us at one of our upcoming
Champions League sport events:**

March 18th: Kickball

April 15th: Flag Football

Please contact Sarah Burr at sburr@ymcadallas.org for additional information.

Please contact Member Services at 214-357-8431 to register.

TOWN NORTH FAMILY YMCA
4332 Northaven Rd
Dallas, TX 75229
www.townnorthymca.org

YMCA Mission: To put Christian values into practice through programs that build healthy spirit, mind and body for all. Financial assistance and income-based memberships available.