

national down syndrome society

ADULT
SUMMIT
ON THE ROAD • 2022

Schedule at a glance

SATURDAY, AUGUST 27 | 8:30 AM-4:30 PM

Hilton Richardson Dallas Conference Center • Richardson, TX



FALL CONFERENCE

Learning Together,
Focusing on Possibilities

DOWN SYNDROME GUILD
OF DALLAS

Registration & Check-In Opens at 7:45 am

Early Childhood

School Age

Adult Caregiver

Self-Advocate

8:30 am

Conference Welcome

Kandi Pickard, NDSS & Jennifer Ford, Down Syndrome Guild of Dallas

Salon ABCD
Pastries, fruit, coffee & tea provided

8:45 am

Opening Plenary: A Life of My Own

Austin & Jan Underwood, Austin's Underdaws & The Each & Everyone Foundation

Salon ABCD

10:00 am

Breakout 1

Longhorn I

DS Clinic at Children's Health: How We Can Help Your Children and Family

Sari Bar, DO, Claire Usala, MD, Sarah King, LMSW & Joanna Spahis, APRN, CNS, ACGN, DS Clinic at Children's Health

Longhorn II

Down Syndrome: Guidelines for Inclusive Education

Jessica Kuss, M.Ed., National Down Syndrome Society

Salon EFG

Helping your Adult Child Understand Death and Cope with Grief

Rose Reif, MS, LCMHC, CRC, BC-TMH, Reif Counseling Services, PLLC, NC

Longhorn III/IV

Romantic Relationships: What Does a Healthy Romantic Relationship Look Like?

Katie Thune, Mad Hatter Wellness

11:15 am

Breakout 2

Longhorn I

The Benefits of Occupational and Speech Therapy for Children with DS

Julie Bayless, OTR and owner, & Heather Snook - M.S., CCC-SLP, Keystone Pediatric Therapy

Longhorn II

To Use AAC or Not to Use AAC: That is the Question

Sara Loving, M.S CCC-SLP, AAC Specialist & Owner at Chatterbox Therapy Center

Salon EFG

Supporting Healthy Relationships for 20-30 Year Olds with IDD

Katie Thune, Mad Hatter Wellness

Longhorn III/IV

Staying Safe at Home, at Work, and on the Internet

Rose Reif, MS, LCMHC, CRC, BC-TMH, Reif Counseling Services, PLLC, NC

12:15 pm

Lunch

Garden salad, herb grilled chicken breast with pan jus, mashed potatoes, steamed broccoli, rolls, gf/vegan berry cake, water & tea.

*All lunch items prepared gluten free except rolls. **Vegan & vegetarian option available upon request.

Salon ABCD

1:30 pm

Breakout 3

Longhorn I

5 Things that Feel Right to Do as a Parent of a Newly-Diagnosed Child that are Actually Terrible for Your Mental Health (and What to do Instead)

Rose Reif, MS, LCMHC, CRC, BC-TMH

Longhorn II

Supporting Healthy Sexuality and Boundaries for School Age Kids

Katie Thune, Mad Hatter Wellness

Salon EFG

Employment Panel: What are the Options?

Longhorn III/IV

Envisioning Your Future: Using Vision Boards to Self-Direct Planning for the Future

Jessica Kuss, M.Ed. & Dana Sciallo, National Down Syndrome Society

2:45 pm

Breakout 4

Longhorn I

ABC's of ABA (Applied Behavior Analysis)

Regan Roth Fitzgerald, MEd, BCBA, LBA

Longhorn II

The Three Kinds of Fatigue that Caregivers Face and How to Overcome Them

Rose Reif, MS, LCMHC, CRC, BC-TMH, Reif Counseling Services, PLLC, NC

Salon EFG

Independence Panel: What does it Mean to Foster Independence?

Longhorn III/IV

Employment and Self-advocacy

Summer Gill, My Possibilities

4:00 pm

Closing Plenary: Multi-level Advocacy: No Action is Too Small

Dr. Tara Goodwin

Salon ABCD